

# COWTOWN AREA MOUNTAIN BIKE ASSOCIATION



Presents

## SANSOM PARK TRAIL DAY #1



**October 9, 2005 - Sunday**

**Come out and see what we're doing in Fort Worth!** Sansom Park offers over 200ft of elevation change throughout the park and room for 15+ miles of singletrack. This is your chance to build what will be the best off-road bicycle trail for 100 miles.

If you're inclined to get your hands dirty, come help us out! We'll have chores ranging from trash pick-up, to genuine, no-kidding **IMBA**-style trail building. There's plenty to do for volunteers of every skill level. If you plan on walking the trail or helping out, be prepared: Wear long pants, boots, and long sleeve shirt, and bring bug spray, sunscreen, work gloves, and safety glasses for your own protection.

If you don't have time, or don't feel like working, come out anyway. At least see what we have to work with and walk the first loop. If you've ridden Cameron Park, you will get excited when you see the possibilities for this trail.

We'll have a grill set up, and will provide hotdogs at lunch time. Please bring drinks.

For more information, please visit our internet discussion forum at <http://www.cowtownmtb.org/forum/>

### Directions:

- From Loop 820 in Northwest Fort Worth:
- Exit Jacksboro/ SH 199 Eastbound.
- Turn right on Roberts Cut-Off
- Make the bend to the left and take the second park entrance on your right
- Look for the stone chimney and picnic tables at the Trailhead.

**Orientation and task assignments at 8 am, lunch at 11:30**

